

# Mitchell Walk Playgroup

## Nappy Changing Policy

### Statement of Intent

We will not exclude a pre-school child because they have not yet mastered toilet training or are still wearing nappies. We will work along side the parents and aid them in toilet training when asked. We are happy to change a child's nappy until they are ready to potty / toilet train.

### Aim

To support the child and parents in a positive way. We will aid in potty / toilet training when asked to do so. We will build the child's confidence and self esteem with regards to nappy changing and toileting.

### Method

- All parents with children in nappies will bring in a clearly labelled bag. They will supply a change of clothes, nappies, wipes and nappy sacks.
- All staff will wear disposable gloves for changing nappies.
- Whilst the child is being changed they will be asked to lay down on a changing mat.
- The changing mat is wiped after use with a sanitizing wipe or sanitizing spray.
- The child will be asked to wash their hands after nappy changing as this will encourage good toilet practice.
- The setting does have spare clothes and nappies for the odd occasions when parents forget to bring the items into setting. The parents will be asked to wash the clothes before returning them to the setting.

When the parents feel the time is right to start potty training we will work with them. Potty training is a stressful time for children. Our friendly and happy staff will always try to encourage and praise the child to give them better self esteem.

This Nappy Changing Policy was adopted at a meeting of Mitchell Walk Playgroup held on :

Date:

Signed on behalf of the Mitchell Walk Playgroup Management Committee:

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Name: .....

Role: .....

To be reviewed on (date):

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This Policy was reviewed / updated on

Date:

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